HISD Health & Medical Services HEALTHY BODIES SUPPORT POWERFUL MINDS.

NOTICE TO QUARANTINE DUE TO EXPOSURE TO CONFIRMED COVID-19 INDIVIDUAL

Campus Name:	
Student Name:	
Today's Date:	

Dear Parent/Guardian:

We are committed to the health and safety of all of our students and staff. An individual at your student's school/building is self-isolating as a result of testing positive for COVID-19. We have identified your student as having been in close contact with the individual who has received a positive test result and, out of an abundance of caution, we are asking your student to self-quarantine.

Your student(s) does not need to quarantine if they are symptom-free and if they have either received their COVID-19 booster or are fully vaccinated (within the last 6 months from the second Pfizer or Moderna vaccine or within the last 2 months from the Johnson & Johnson vaccine). Please provide proof of vaccination to the School Nurse.

If your student is not fully vaccinated or does not meet the criteria in the paragraph above, we want to explain what happens now and when your student can return to in-person school.

•	Your student is eligible to return to school after 5 days of quarantine, on	_, and wear
	a well-fitting mask around others for 5 additional days, if:	

- They are symptom-free, and;
- They take a COVID-19 PCR test 5 days after this notice of exposure, on ______, and provide the School Nurse with the results once they are available.
- You can schedule a free COVID-19 PCR test by visiting this website: www.houstonemergency.org/covid-19-testing or calling the City of Houston Health Department for testing locations at (832-393-4220).
- If your student(s) cannot quarantine, contact the School Nurse. Your student can continue attending school if they symptom-free, but must wear a mask for 10 days when around others.
- If your student begins to exhibit symptoms, contact the School Nurse and schedule an appointment with your student's healthcare provider. As part of that visit, your student should be tested to confirm whether they are positive for COVID-19.
- During this time, your student may continue receiving instruction by attending HISD's Temporary Virtual Program. Access HISD's Temporary Virtual Program by visiting this website: https://www.houstonisd.org/HOME

We are taking this situation seriously and working closely with the City of Houston Health Department to identify any student or staff member that should self-quarantine and/or be tested for COVID-19. Please call the school to speak with the nurse if you have additional questions.

Thank you for your continued partnership and for being an important member of our school community.

School Nurse:	
Phone Number:	